

# Forearm Rest HANDY, connected halves

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Far superior support ergonomically to wrist/palm rests

## Ergonomic benefits

- + HANDY Forearm Rests are ergonomically far superior to wrist rests because they give support to the whole Forearm, not only to the wrist.
- + Thanks to the centre hollows of the forearm rests, pregnant women find PC work much more comfortable using Forearm Rests than by needing to stretch out to support their arms on a desk

## Other benefits

- + Padding makes the rests more comfortable than hard surfaces.
- + Additional desk space is gained since the rests are not integral with the desktops. HANDY can also be attached to fill desk corners.
- + Quick and easy attachment to desks - no tools necessary.
- + Attachable to all typical desktops, as well as to desks with frames beneath the edges – the attachment bows go under the frame.
- + Forearm Rest Handy is space saving, easy to install and fits to all desks.



12050-06 Forearm Rest HANDY, connected halves, fabric cover, black. Halves angled.



12050-06 Forearm Rest HANDY, connected halves, fabric cover, black. Halves further away from each other.



12050-06 Forearm Rest HANDY, connected halves, fabric cover, black. Halves together.

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## Environment-friendly materials

- + The wooden board used under the padding is made of FSC certified material. The Forest Stewardship Council certificate means that wood has been sourced in an environment-friendly, socially responsible and economically viable manner.
- + The steel of attachment bows is fully recyclable. The powder coating of attachment bows emits zero or near zero VOCs (volatile organic compounds).

## Dimensions

- + 680-780 x 230 x 20mm



Red



Dark Red  
(Bordeaux)



Blue



Dark Blue  
(Navy Blue)

Beside black this model is available in above colours when covered with fabric.



Suitable desk thickness: with standard bows 20 – 27 mm, with Z bows 14 – 27 mm

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Suitability of Handy with keyboards and mice

Type	Width	Suitability with keyboards and mice
Basic Large	670 mm	Full-size or mini keyboard + mouse
Basic Medium	560 mm	Full-size keyboard alone or mini keyboard + mouse
Basic Small	190 mm	Mouse
Small, with slide adjustment	190 mm	Mouse
RollerMouse Red	610 mm	RollerMouse Red + full-size or mini keyboard
RollerMouse Free 3	630 mm	RollerMouse Free 3 + full-size or mini keyboard
Asymmetric	670 mm	Full-size or mini keyboard + mouse
Connected halves	680 – 780 mm	Full-size or mini keyboard + mouse
Unconnected halves	615 mm - ∞	Full-size or mini keyboard + mouse

## Product code

- + **12050-xx** Forearm Rest HANDY, connected halves, fabric cover
- + **12051-06** Forearm Rest HANDY, connected halves, artificial leather cover

In above codes xx according to colour:

xx = 06 Black  
xx = 01 Red  
xx = 02 Dark Red (Bordeaux)  
xx = 04 Blue  
xx = 05 Dark Blue (Navy Blue)

3 year guarantee

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## Accessories

+ **11203** Raised Mouse Mat UPLIFT 20 mm high



Upper photo where wrist is not on the same level with Forearm Rest – wrist bends.

Lower photo where wrist is raised to the same level with Forearm Rest – wrist does not bend.

